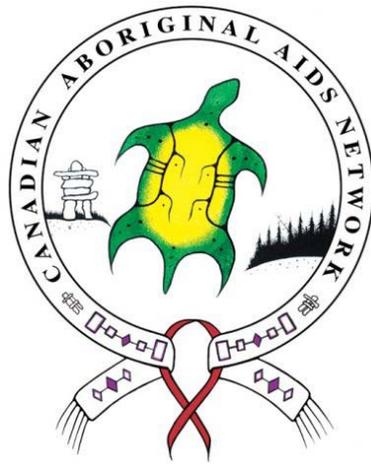


Promising Practices Toolkit Overview



This overview is a partner resource for the CAAN Promising Practices Toolkits. We hope that it gives facilitators, community leaders, and anyone else working toward wholistic health in their communities some guidance in how to use the toolkits in a good way. No matter where you are in your journey – whether new to community health work or a long time champion – this overview can help you navigate the information of the toolkits and give you some ideas to help you on your way.

One of the biggest challenges when addressing an issue in a community or nation is knowing just how to begin the journey. Finding the supports and resources to develop an effective response that is unique to your community can feel overwhelming. The Promising Practices Toolkits were created with just that in mind. A combination of background information, current statistics, resources like posters and cards that can be printed and shared, and success stories from communities that have done good work in addressing these health issues, the toolkits are a “all in one” resource to help you develop your own strategy toward health in your community.

The toolkits are divided into four categories, each one addressing an issue that is central to the holistic health and well-being of our communities: Human Immunodeficiency Virus (HIV), Hepatitis C (Hep C), Sexually Transmitted and Blood Borne Infections (STBBIs), and Harm Reduction. While many of the components of each category are shared, each resource has been chosen to best reflect the current realities and practices within each area. As well, each category has been duplicated into four versions – First Nation **On** Reserve, Indigenous Off Reserve, Métis, and a French language translation – each with a unique visual look and a few people-specific resources to make the toolkits as effective as possible.

The following lists give you a snapshot of the various components of each toolkit, so you can see where there are common elements, as well as any unique resources that are **culturally-specific** where applicable.

Mission Statement

The Canadian Aboriginal AIDS Network (CAAN) provides a National forum for Aboriginal Peoples to holistically address HIV and AIDS, Hepatitis C, STBBIs, TB, Mental Health, aging and related co-morbidity issues; promotes a Social Determinants of Health Framework through advocacy; and provides accurate and up to date resources on these issues in a culturally relevant manner for Aboriginal Peoples wherever they reside.

CAAN Overview

CAAN was originally established in 1997 to serve the needs, in a holistic manner, of Indigenous people living with HIV and AIDS and since 2012 has expanded its mandate to include Hepatitis C, STBBIs, TB, mental health, aging, and related co-morbidity issues through the lens of HIV and AIDS.

CAAN board and staff members support using a wholistic care approach from an Indigenous perspective and believes that “[wholistic] health care is an integrative approach that seeks to balance the mind, body, and spirit with community and environment.”

We hope that these toolkits and the resources in them will give you the support and information you need to build holistic health in your community that will last for generations to come!

Toolkits:

HIV

Section One	Statistics and Perspective
Section Two	HIV Basics
Section Three	Posters
Section Four	Treatment: Strong Medicine video
Section Five	Pre & Post Counselling
Section Six	Self Assessment & Personal Bill of Rights
Section Seven	Criminalization
Section Eight	Consent
Section Nine	Stigma & Discrimination
Section Ten	Promising Practices
Section Eleven	Community Readiness & Take Me To Your Leader (background info)

Hep C

Section One	Statistics and Perspective
Section Two	What is Hep C?
Section Three	Hepatitis C Resources, Self Assessment , Personal Bill of Rights
Section Four	Posters
Section Five	Hepatitis C Awareness Event Planning
Section Six	Promising Practices

STBBIs

Section One	Statistics
Section Two	First Nation Perspective on the Wholistic Model
Section Three	Self Assessment & Personal Bill of Rights
Section Four	STBBI Fact Sheets

Harm Reduction

Section One	Statistics and Perspective
Section Two	What is Harm Reduction?
Section Three	Indigenizing Harm Reduction
Section Four	Harm Reduction Fact Sheets
Section Five	Harm Reduction Implementation Guide
Section Six	Videos and Other Resources

During this time, CAAN has been instrumental in the development of **four key strategies:**

- 1 Aboriginal Strategy on HIV and AIDS in Canada (ASHAC II 2009-2014).
- 2 Environments of Nurturing Safely (EONS 2010-2015).
- 3 National Aboriginal Youth Strategy on HIV and AIDS in Canada (NAYSHAC 2010-2015).
- 4 International Indigenous Strategic Plan on HIV and AIDS (IIWGHA 2011-2017).

These strategies share goals to lower the incidence and prevalence rates of HIV and AIDS amongst Indigenous People within Canada and to contribute to the global HIV and AIDS efforts of Indigenous peoples. CAAN recognizes that prevention, education and support services, public awareness and health promotion, and capacity development is vital to the success of a strategic response. These documents can be used to further your own sexual and reproductive health work.