

AHA CENTRE

A PROJECT OF CAAN

Turning Research into Action! CBR
Overview – from Data Analysis to
Knowledge Translation

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ABOUT US

- The AHA Centre is a **national, Indigenous-led collaborative research centre** housed at the Canadian Aboriginal AIDS Network (CAAN).
- The AHA Centre supports **HIV and AIDS Community-Based research** conducted in **Aboriginal communities** across Canada.



AHA Center 2.0 Objectives

- 1. Indigenous Ways of Knowing and Doing:** Continue to entrench, model, and implement Indigenous ways of knowing and doing within the AHA Centre's governance and other activities.
- 2. Communications:** Link stakeholders by circulating information regarding researchers' work, resources, funding opportunities and events of relevance to Indigenous HIV CBR.
- 3. Knowledge Translation:** Promote and support the translation of research evidence into culturally-responsive and accessible formats.
- 4. Partnerships:** Facilitate and support partnerships among AHA Centre stakeholders and between external partners and stakeholders.
- 5. Support/Mentorship:** Enhance community-based research capacities within Indigenous and Academic communities through financial support, reciprocal mentorship and training.

What is Community-Based Research (CBR)?

- Community-based research (CBR) is characterized by community involvement, community relevance, partnership equity, appropriate methods, and ethical review.
- The goal of CBR is to develop research that is community-appropriate, that results in beneficial outcomes for participating communities and other stakeholders, and that is grounded in a strong research methodology.

What is CBR – Cont.

CBR is research that is conducted **by** the community, **for** the community.

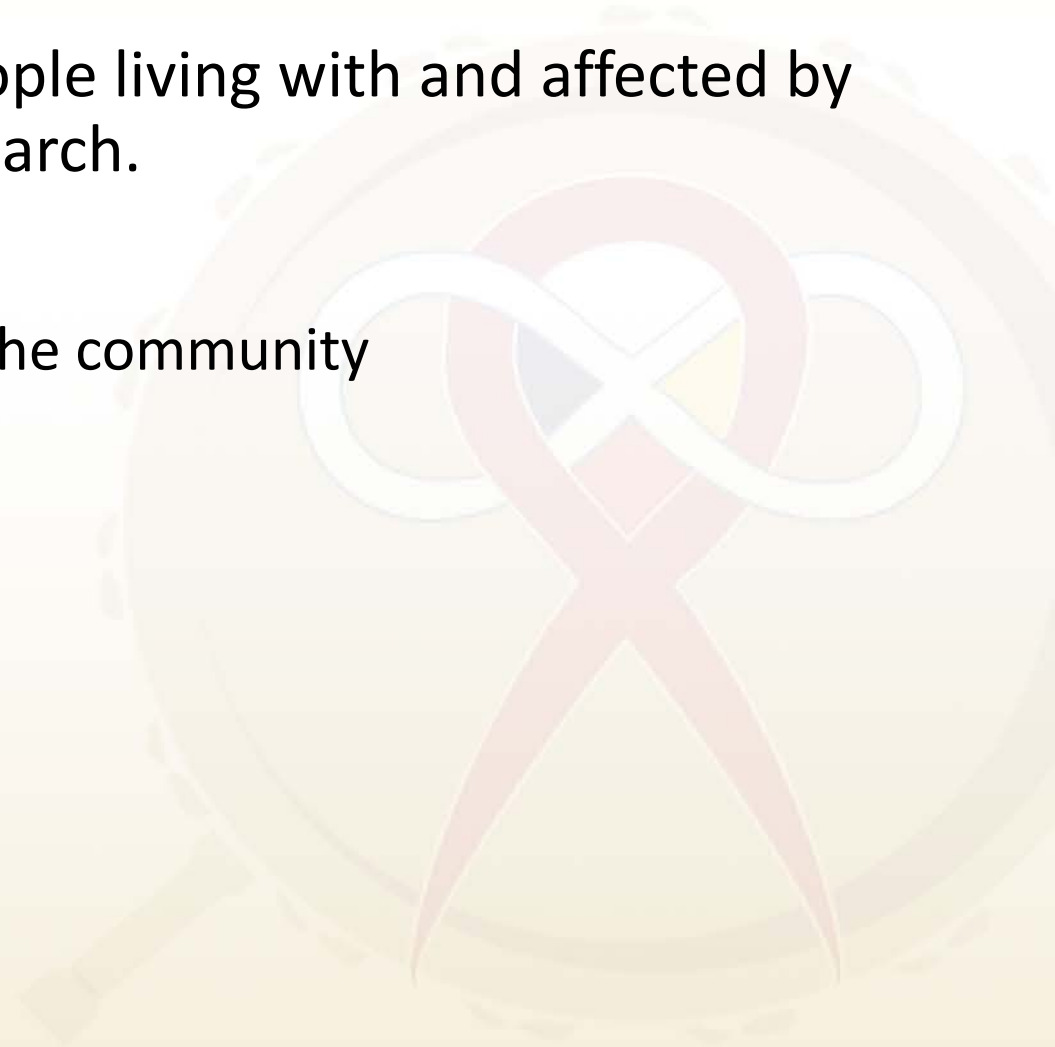
CBR:

- Is methodologically rigorous and ethically sound.
- Puts knowledge into action through community-based interventions and programs.
- Facilitates collaborative partnerships that engages community members and researchers in a joint process in which each contribute equally.
- Builds on the existing strengths and resources within the community.
- Promotes capacity and skill building as well as organizational or systems development

What does being 'actively engaged' mean in the context of HIV/AIDS research?

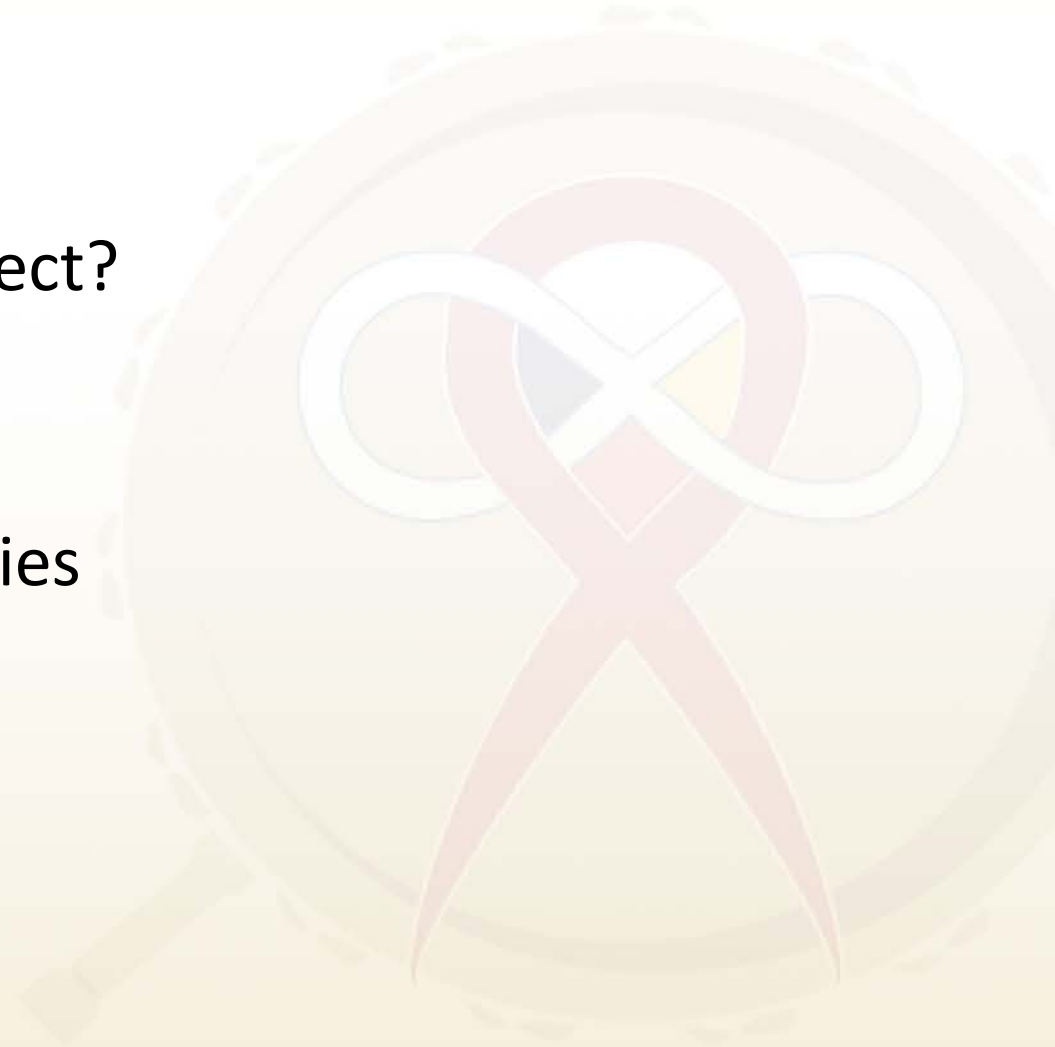
Active engagement means that Indigenous people living with and affected by HIV and AIDS are involved in all aspects of research.

- Team development
- Understanding and identifying the needs of the community
- Identifying the research question
- Data collection and analysis
- Applying the research results



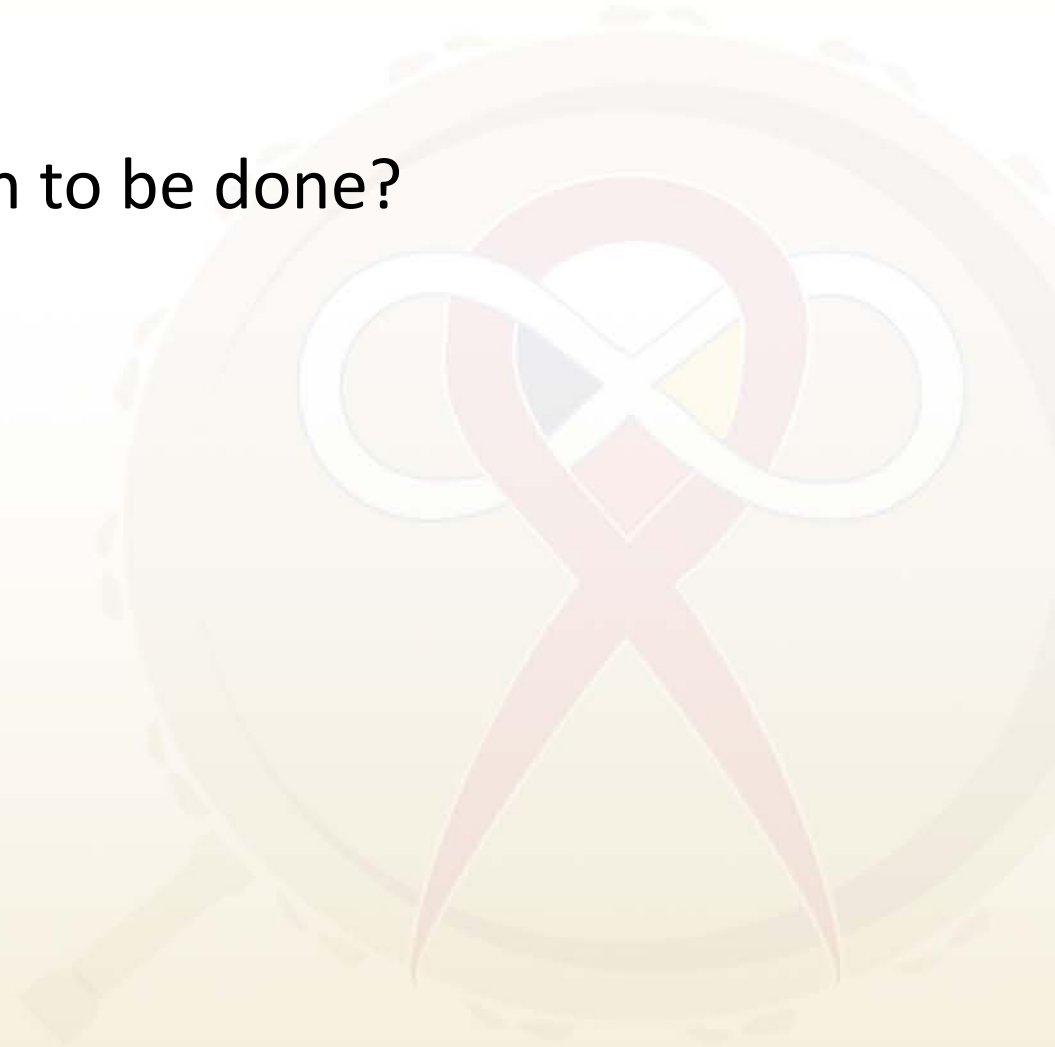
The process of a CBR project:

- Identifying your research problem
- Who will be on our research team?
- Where will we get the money for our project?
- Writing a grant proposal
- What methods will we use?
- Decolonizing and Indigenous Methodologies
- Ethics: doing good for the community
- Knowledge Translation
- Closing a CBR project



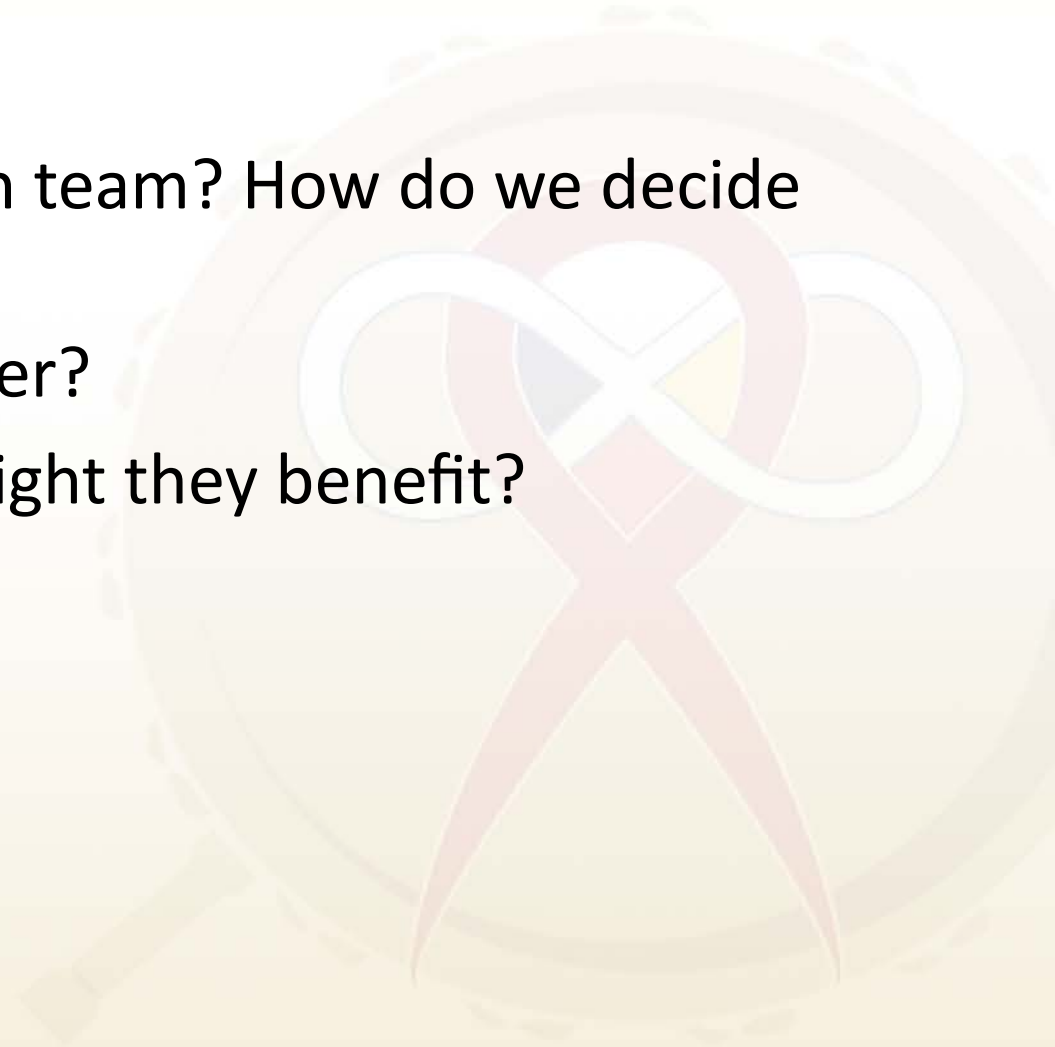
Identifying a research issue/Demonstrating a need.

- Who gets to identify the need for research to be done?
- How is the decision to do research made?



Pulling together a research team:

- Who makes up a research team?
- What are the responsibilities of a research team? How do we decide who does what?
- How does the research team work together?
- Who are the key stakeholders and how might they benefit?



CBR Methods: How do you decide which methods to use?

- Qualitative research methods
- Quantitative research methods
- Indigenous Research Methods
- Decolonizing Research Methods
- Two-Eyed Seeing
- Arts-Based Methods



Doing Research in a Good Way

Doing research in a good way explores how:

- **relationship building;**
- **meaningful engagement; and**
- **dialogue**

teaches us about worldviews, principles and protocols of community partnerships.

It respects and incorporates Indigenous knowledges to guide the research.

Positioning Elders as guides, as we work towards understanding how to embark on and conduct research that is respectful of Indigenous knowledges in working with Indigenous communities.



Decolonizing our Research Processes

How we conduct our research is just as important as what our research produces:

- **Start with relationship building and meaningful dialogue** to learn about the worldviews, principles and protocols of the communities in partnership;
- **Knowledge shared is to be respected** and used to guide our the research process;
- **Listen, ask questions, and be mindful of our/your actions** when working with Indigenous people;

It is a big commitment to join a research team;

- **Of time;**
- **To the community you are working with;**
- **To the other research team members who have come together to contribute their skills, experience and knowledge to answering the questions** set out by the community.

Decolonizing our research process means to incorporate the strengths of both Indigenous and western knowledge systems.



ACTIVITY

When you hear the term 'participatory analysis', what comes to mind?

What do you think is involved?

Participatory data analysis

- 1) Review data to determine project code tree
- 2) Bring team together to finalize the code tree
- 3) Divvy up data amongst team for analysis run #1
- 4) Bring team together to do analysis:
 - a) Youth at Risk
 - b) Family Matters
 - c) Stable Homes Strong Families
 - d) FEAST project



ACTIVITY

When you hear the term 'Knowledge Translation', what comes to mind?

What do you think is involved?

Knowledge Translation

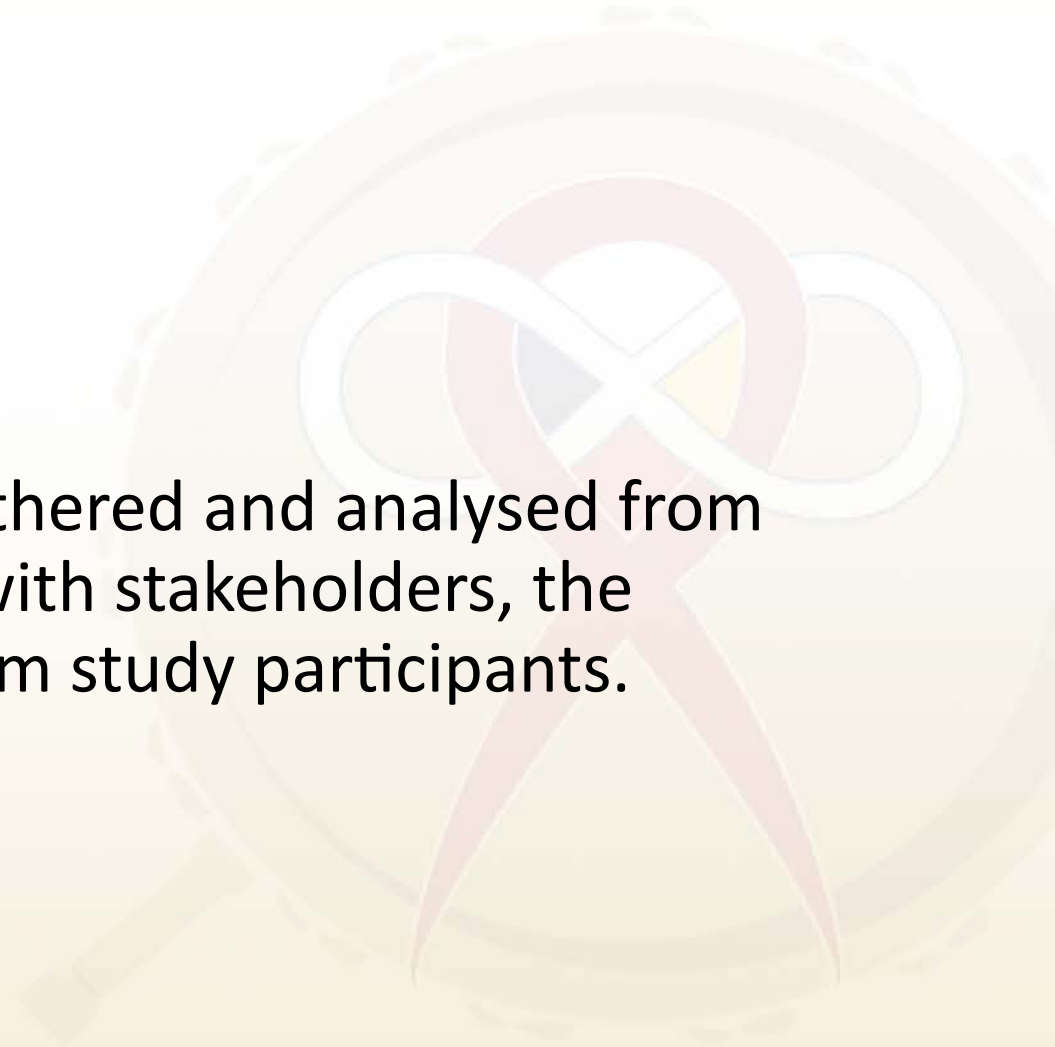
- Knowledge Translation (KT) is all about sharing what your research project learned with stakeholders
- Research information needs to be packaged differently for each audience
 - Language
 - Venue
 - Packaged materials
 - Interests



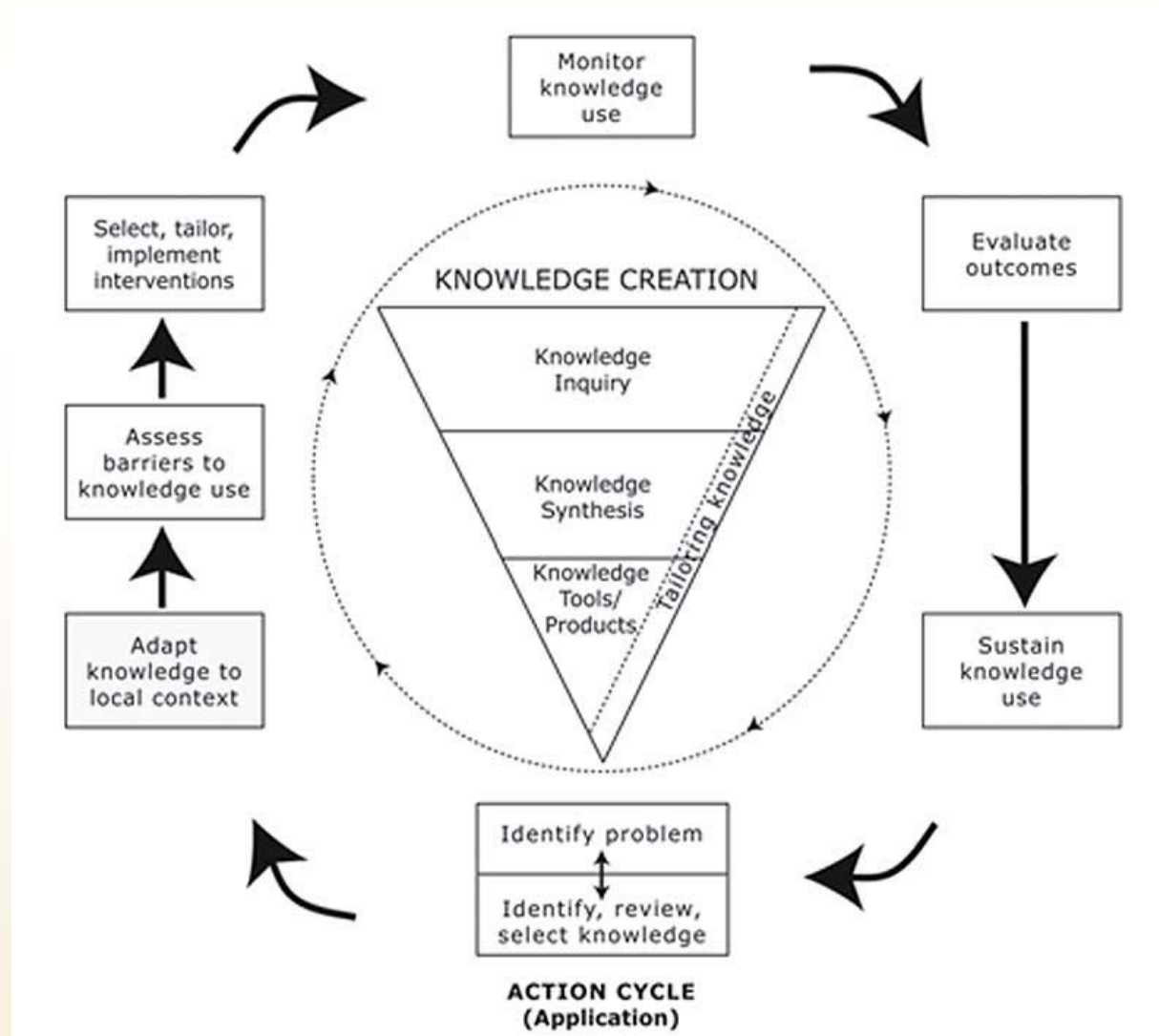
Knowledge Creation Phases

- 1) knowledge inquiry,
- 2) knowledge synthesis, and
- 3) products/tools.

KT tools are informed by the knowledge gathered and analysed from research team meetings and engagement with stakeholders, the advisory committee meetings as well as from study participants.



The KT Action Cycle



Wrapping up & thanks ...

Questions and further discussion

